

macheo
annual report 2017

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MACHEO'S ACHIEVEMENTS 2017

MACHEO CHILDREN'S HOME

Care and protection
Temporary care and protection to a total of:
87 children of which
31 were reintegrated within the year
647 external referrals



Baby house
11 babies admitted in the New Baby house



Employees
21 new employees hired



SOCIAL WORK

Family empowerment
133 families assisted in setting up new businesses



Health and nutrition
1,063 mothers and **1,254 teen mothers** were educated on proper nutrition, neonatal and ante-natal healthcare and family planning
32 teen mothers supported throughout pregnancy



Education and skills
School meals
total 3,600,324 plates of lunch and 4,801,845 cups of porridge were provided
Summer camps & tournaments
438 children attended
Toilets, desks & kitchen
3 toilets blocks, 70 desks and 1 kitchen were constructed



FINANCIAL REPORT

Income generating activities
503,435 Kenya Shillings generated through Income Generating Projects (+46% vs 2016)

Donations
€ 778,315 – donation received



Kenya, being one of the fastest growing economies and a regional player in East Africa, continues improving its economic governance and strengthening service delivery. 2017, having been a winding election year for Kenya, contributed to inflation which raised the cost of living for many Kenyans, the poor being the hardest hit. In 2017, Kenya also suffered from a drought which triggered a national emergency. The drought directly affected Macheo school feeding program with food prices sky rocketing. We were able to solve the challenge through requesting the National Cereals and produce board through the education office to sell cereal directly to us.

2017 has been another remarkable year for all of us. A year in which we have been strengthened in our belief that we are on the right path. We met many people in 2017 that deserve our help, and we are feeling very grateful to all our partners who are enabling us to provide that help.

One meeting in 2017 made a big personal impression on me and is illustrative for the complexity of the cycle of poverty for me.

At the bottom of Mount Kilimambogo we met a 25 year old woman, living in extreme poverty,

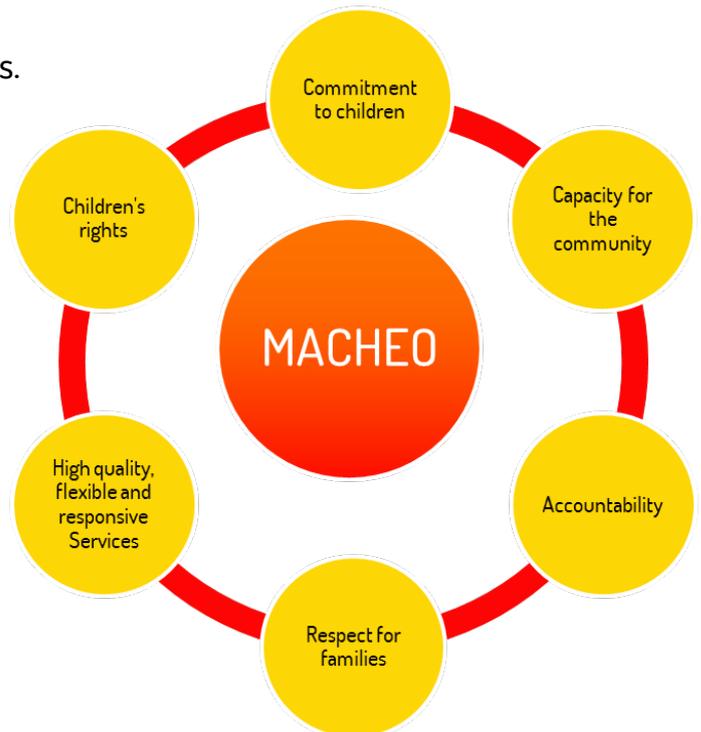
We were helping her to start up a business.

She was an orphan herself and mother to 9 children....

How I wished we had met her 10 years ago!

At that time so much could have been done to prevent this from happening. How would her life look like, if we were able to keep her in school, empower her when she was 15?

And what can we do now to help her sons and daughters to grow up in a safe, caring and stimulating environment?



This story shows the massive need for tailor-made solutions, complexity and desperation around us. This makes our duty of giving opportunities to those who lack them feel like a moral obligation instead of a mere choice.

We are grateful for everyone who is walking this journey together with us!

Marnix Huis in 't Veld

Director and Co-Founder
Macheo Children's Centre

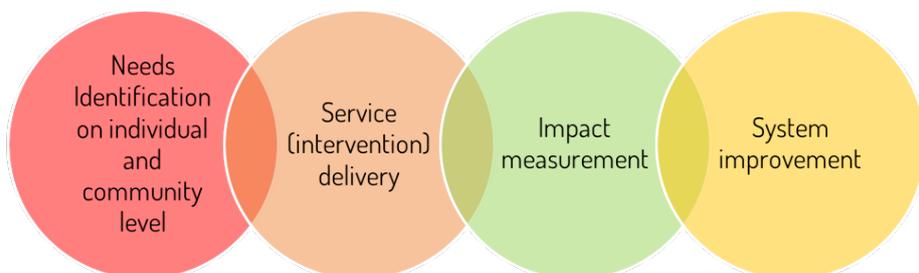
HOW WE HELP IMPROVE THE CHILDREN'S FUTURE

Macheo exists to provide children from the slums and rural areas in Kenya with a better future.

Macheo has grown from helping 12 children in the orphanage in 2005 to 15,000 children on a daily basis now with our dedicated team of over 140 employees. Since 2 years, we do this using a holistic approach that ensure that vulnerable children get tailor made care to improve both their short term situation and their long term future.

Macheo believes in a separation of needs identification, service delivery and impact measurement. Especially the service (intervention) provider should not identify the need and measure the impact him/herself. Reason on for this is better accountability for performance, leading to improved output.

After a child has been brought into contact with Macheo, a social worker identifies the needs at individual and community level, using a Needs Assessment Tool designed to enable an unbiased and holistic choice on which services (interventions) achieve maximum Social Return on Investment on both individual and community level.



The Needs Assessment Tool is based on Macheo's Theoretic Framework and the Child Status Index by UNAIDS and covers 7 different focus areas, which cover everything an (unborn) child needs to develop to its full potential.

These seven focus areas are: (1) Food & Nutrition, (2) Education & skills, (3) Health, (4) Protection, (5) Care, (6) Shelter and (7) Psychosocial wellbeing.

Needs Identification is linked to Service (intervention) delivery, where the choice for selecting the best internal and/or external service delivery partner(s) is based on three criteria; Quality of the service, Costs of the service and Reliability. Our impact is boosted by our strong presence in the community and partnerships with external stakeholders, like the Kenyan government, medical institutions and other NGO's.

During and after the Service delivery, Impact is measured to ensure the desired outcome is achieved, at the investment agreed.

Every child deserves a future and we strive to ensure that the children get the best out of us!

Where relevant, outcome is used to improve processes and to help identify further opportunities to focus on where and how we can make most impact on the future of the children we help, allowing us to help more children, faster.

MACHEO CHILDREN'S HOME

Since its establishment in November, 2005, Macheo Children's home (MCH) has continued to provide a loving, safe and secure environment for children to live in. Neglect and different forms of child abuse result in children being rescued from their own homes for care and protection in children institutions. The home has 7 houses each with a "home" setting, a living room with a television, kitchen, and bedroom. Each of the houses has a "house mother" who is the primary caregiver for the children while they are in the home.

- In 2017: MCH offered temporary care and protection to 87 children
- **Adoption:** 3
- **Reintegration:** 31
- **Baby house:** 11

Angela's story

Angela - 3 yrs 6months, Maggie - 5 yrs, Lilly - 7 yrs, Triza - 9 yrs

The four siblings were escorted to the children's office by the chief after their mother had neglected them; leaving them in the house for days without food and care. They were placed in Macheo Children's Home by the children's office in October 2015 as a search for their mother commenced. Angela, the youngest child had severe malnutrition and was underweight. She was taken to the hospital and improved quickly.

Macheo tried to support and empower the mother on positive parenting but she was uncooperative. Macheo took an initiative to trace the children's other relatives and we were able to find their maternal grandmother who lives in Mwingi. We immediately started working with her towards the siblings' reintegration. The grandmother visited her grandchildren in Macheo several times to enhance their bonding. We also facilitated supervised and unsupervised home visits for the children too. The children's grandmother is business lady who buys and supplies cereals and is able to provide for them. Macheo further supported the family with beds and beddings. After thorough assessment, we were certain that the family was ready for reintegration. In December 2017 the 4 siblings went to live with their grandmother. We have made follow ups and established that the children are doing well and have adapted to the new environment. They look happy and content! Macheo will continue to support them with the necessities needed to join the nearest primary school and is working on empowering the family on how to make a nutrition garden for constant supply of vegetables, to also ensure a bright future for all of the children.

EDUCATION AND SKILLS

We continued with our programs in 2017 which included providing feeding, direct support, counseling, sports and games and any other interventions depending on the needs of an individual child. The greatest needs were from children in primary school where we had many who were vulnerable.

Provide school meals

Vulnerable children face numerous challenges one of them being constant hunger. This prevents them from going to school and when they do they have very poor concentration which translates to an overall poor performance in school.

- Meals provided:
 - **lunch** - 7,644 children; 3,600,324 plates of lunch
 - **porridge** - 10,195 children; 4,801,845 cups of porridge
- Through the feeding program, access and retention to school was improved:
 - **access** - 366 children (M- 201, F- 165)
 - **retention** - 1,245 (M- 608, F- 637)

Direct support

80 students in secondary school and vocational training benefitted from our direct support through payment of school fees.



Susan's story

"I can't believe I'm going to university. I never thought it was possible but Macheo has made my dream a reality!" – Susan

Susan lives with her single mother who is a casual worker (someone who only works casual day jobs, not on a fixed contract) and often times cannot meet their basic needs. She finished primary school in 2015 and had an excellent performance, scoring 404 out of 500 marks. Susan wished to go to a secondary school, however her mother could not afford to pay the school fees. Susan's mother began a long journey of looking for scholarships for her daughter; she applied everywhere that she could think of but her efforts bore no fruits.

Her mother got so frustrated that she could not provide for her child that all the stress made her contemplate suicide. However, help came in the nick of time in summer 2015 when a school took Susan in without payment, but only for the first term. Susan was finally referred to Macheo when she was in form 1 in her second term. Macheo assisted in paying her school fees for the four years she was in high school. Susan is a hard worker and during her four years, Macheo's social worker did follow-ups on her in school and Susan performed well in school. She finally completed her secondary school in 2017 with a B grade that allows her to attend a public university. She intends to study criminology and is currently waiting for the admission letter from the university – a great future awaits Susan.

Improve school facilities

- **Toilets** – Macheo constructed 3 toilets blocks; 2 for girls and one for boys.
- **Desks** – We provided 70 desks to 7 schools that were highly in need of them.
- **Modern kitchen** – To facilitate our feeding program, we also constructed 1 modern kitchen for one school.

Leisure, sports and games

We appreciate the importance of play for the proper development of children mentally, physically and also as a strong social asset. In 2017 Macheo organized lot of fun activities for children in all the schools to participate in.

- **Summer camp**- 138 children participated in summer camps over the holidays.
- **Tournaments** - We conducted 4 tournaments in the year with 300 children representing different schools participating.
- **Sports training** - We trained 16 teachers from different schools on the value of sports and how they can use sports to empower children.

Empower youth on reproductive health

Girls from poor families often cannot afford sanitary pads. This is affecting their school attendance as this means they have to stay at home for 1 week per month, which is in turn impacting their future. We also train the youth (both boys and girls) on reproductive health (i.e. use of contraceptives), to create better understanding and herewith prevent teen pregnancies.

- **Sanitary Pads** - In 2017 Macheo provided sanitary pads to 4,600 girls (note: from 2018 the government will continue this program).
- **Reproductive health training** - 11,966 children benefitted from trainings.



HEALTH AND NUTRITION

Malnourished children

“Malnutrition is estimated to contribute to more than one third of all child deaths, although it is rarely listed as the direct cause.”- World Health Organization (WHO)

At Macheo, we target the major causes of malnutrition and provided access to high-impact food supplements and low-cost care that saves lives.

- **Malnourishment**

In 2017 Macheo worked to improve the health of 98 children between 6 months to 3 years.

Mother to child healthcare

During first 1000 days (conception to 2nd birthday), health interventions are most effective*.

- **Mother to child healthcare**

In 2017, we reached out to 1,063 mothers focusing on education on proper nutrition, neonatal and ante-natal healthcare and family planning.



Teenage mothers

Teenage pregnancy often happens as result of poverty, rape, cultural practices, early marriage, peer pressure, lack of sex education among others. Some 378,397 adolescent girls in Kenya aged between 10 and 19 years became pregnant between July 2016 and June 2017.

According to the United Nations Population Fund (UNFPA), a total of 28,932 girls aged between 10 and 14 years were impregnated, while 349,465 girls were between 15 to 19 years.

This is a particularly difficult period for young girls as they themselves are still growing and in their pubescent years. It's even harder for them if they are from poor families. They therefore need extra care for

* see <https://www.unicef-irc.org/article/958-the-first-1000-days-of-life-the-brains-window-of-opportunity.html>

better health for themselves and their unborn baby. In addition, they receive hands-on training on how to provide well for their babies and themselves.

- **Teenage mothers**

In 2017, we assisted 32 teenage mothers through their pregnancy and to get vocational training. They learned tailoring, dressmaking, embroidery and hair dressing skills. We also held seminars where that girls received information on care for their babies, birth plans, self-awareness, parenting, decision making, nutrition, maternal health, setting personal goals among others.

Story of Trina

"My daughter is healthy and smiling again..." - Trina's mother

Trina is 12 month old baby girl. She lives with her single mother in Kiandutu slums near our outreach centre. Her mother Ndunge was unaware of the basic requirements of bringing up a baby i.e. child nutrition and hygiene. Thus, when our team reached their area, Trina was screened with acute malnutrition. She had scattered hair, dry skin and skin rashes all over her body. She was not being fed well as her mother had another small child to take care of. Part of Trina's problem was that she had not been breastfed for the first six months as her mother got pregnant immediately after she gave birth to her. This is part of Kenyan culture as family planning is not an option.

Trina was admitted at the centre and enrolled on the malnourished children program where children from 0-3yrs old are fed on fortified porridge in the morning, nutritious lunch, milk and a fruit. A few weeks later, Trina started showing signs of improvements on a gradual scale with the help of caregiver and the nutrition team. Trina's mother expressed her joy as she saw her daughter playing with the rest of the kids at as she finally said "I thank everyone who has helped my Trina gain her strength and pray that she continues to grow and become a healthy child."

Ndunge was very cooperative and attended the parents' seminars where she was empowered with knowledge on child nutrition, creating a kitchen garden so that she would be able to enhance her child's diet, parenting, and family planning among others. By the end of the period, she felt more confident in herself as a mother and felt more able to well take care of her baby.

She not only appreciated the efforts and support but also put into practice all the provided guidelines for the wellbeing of her child. She told Macheo's team that she was satisfied with the progress of her child and would now breastfeed her other baby for proper nourishment.

Individual treatment

Poverty affects health. Having limited resources means that there's competition for what needs to be provided for and health loses out. Macheo assisted beneficiaries whose health varied from simple to complex cases to receive health care through direct assistance.

- Direct healthcare support - We assisted 507 beneficiaries to get treatment.



FAMILY EMPOWERMENT

In order to break the cycle of poverty, increase income and sustainability of households, Macheo has a family empowerment intervention; providing seed capital and household management to enable and educate vulnerable families to think beyond immediate daily survival and to exercise greater control over both their resources and life choices.

- **Family empowerment**

Macheo assisted 133 families in 2017 to establish new businesses.

CHILD PROTECTION

Children from disadvantaged backgrounds are open to a wide range of children rights violations from neglect, early marriage, physical abuse, abandonment, sexual abuse, child labor and emotional abuse.

Macheo is committed to increasing the protection and adherence to the rights of children. In 2017, we did this through strengthening systems by collaborating with the government, community sensitization and child rescue.

- **Child protection**

84 children were assisted through this intervention through rescue, treatment, counseling and other interventions according to the individual needs of the child.



SOCIAL WORK

Some of our greatest achievements in 2017 were achieved through social work as often families from a poor background don't know how and where to start. This ranges from hands-on support with obtaining official documents or access to services to advocacy work with various external parties on behalf of beneficiaries.

An important element is protection and care for children facing cases of abuse and neglect.

Our team actively carried out advocacy and lobbying activities for beneficiaries to get services in:

- **Health**
57 children were assisted through waived fees, while 9 parents were assisted in getting the National Health Insurance Cover (NHIF)
- **Education**
 - An university student who could not get admission to pursue business management was assisted through advocacy and is now pursuing his degree.
 - 22 children were assisted in getting vocational training.
- **Protection**
82 children who were facing cases of abuse and neglect were supported to get justice through networks with external stakeholders such as children's officers, Assistant county commissioners and other children's homes. The children are now doing well.
- **Social documents**
152 children were assisted to get birth certificates while 2 parents were assisted in getting national identification cards.
- **Jigger treatment**
18 children who were infected with jiggers and could not go to school got treatment through facilitation by the area social workers and are now well retained in school.

INCOME GENERATING ACTIVITIES

Last year, the focus in income generating activities was on low risk activities such as safaris, dog breeding, and rentals.

The total profit of the income generating activities in the year was 503,435 Kenya Shillings (+46% vs 2016).

MONITORING AND EVALUATION

Macheo focused on the upgrading of our mobile-based application that enables field data to be transmitted in real time and formed the basis for monitoring and evaluation of our interventions in 2017. We made a critical move in doing more comprehensive evaluations after our upgrade.

Data was obtained using the child status index (CSI) on the app from May-Dec to identify needs per area: Kakuzi; Matunda; Umoja; Kiandutu; Juja; Ruiru.

Evaluation

The process begins in the field with **needs identification** by our social workers. This activity is anchored on the 7 domains; Education and skills, protection, shelter, care, health, food and nutrition and psychosocial support. Needs identification entails identifying 3 new cases per day and submission of real time data using the CSI (Child status Index) to our CSI data base. This is used to create a tailor made program (of interventions) with final measures to ensure all is done that is needed to give the child or parent a better future.

During the interventions, monitoring and evaluation is carried out to assess the progress as well as impact of the services offered using the CSI.

Upon reaching the standard as set in the beginning, the beneficiary is then exited and final impact is measured and evaluated for future improvements to the interventions.



Michiel Hoogerwerf - chairman Macheo Nederland

It is with pleasure that I reflect on my first year as chairman of Macheo Netherlands. I have learned a lot and I've met some amazing people! Macheo can pride itself on a good Board in the Netherlands. Which is quite necessary as the organization in Kenya grows and with that the requirement for support. I often visit Kenya professionally, a great opportunity to also visit Macheo and Marnix, allowing us to be more effective in our supporting role.

The support in the Netherlands consists of several key tasks: consult on strategic and management issues, control and approval of financial transactions, and local awareness and fundraising activities. A few concrete projects we've worked on in 2017:

- Establishment of key success factors, and as a direct consequence set up and improved (financial) systems and processes. In addition a 5 year plan has been created with Kenya. Both will allow focus on those activities that will generate most impact,
- Streamlined donor reporting
- Reduced currency fluctuation risks (as we receive funding in Euros but spend in Kenyan Shilling)
- Successful fundraising activities including Dam to Dam run, several primary school fundraisers and auctions, including those from our long term partners TOP/ KOP
- Intensified knowledge transfer between Netherlands and Kenya around Finance, HR, Management and Communication
- Communications brought in line with new tailored way of working

All of the above is resource intensive and all work in the Netherlands is done on a voluntary base, so to support the extra work we've extended our Board with new members.

I'd like to finish with a massive thanks to all our sponsors. Thanks to you thousands of children will have a better future. And thanks to all who have volunteered their valuable time and expertise.

I hope 2018 will be as successful as 2017. I am full confident it will!



Board US

Macheo US has been active this year with the primary focus being fundraising for the Macheo Malnourished Program in the Kiandutu slum, feeding and caring for 120 malnourished children over the year and also financially sponsoring 14 children at the Macheo home.

Along with this we launched an additional GlobalGiving project to raise seed money for the Family Economic Empowerment Program, providing funds for 10 families to start a micro business, with the recipients earning enough money each day to augment their income, in order to secure daily food for their family. Having access to corporate donors, we are beginning to see the benefits of crowd sourcing and the availability of the GlobalGiving training. We continue to support the Medical Project, allowing Macheo to assist 5346 people in alleviating medical issues that were financially challenging.

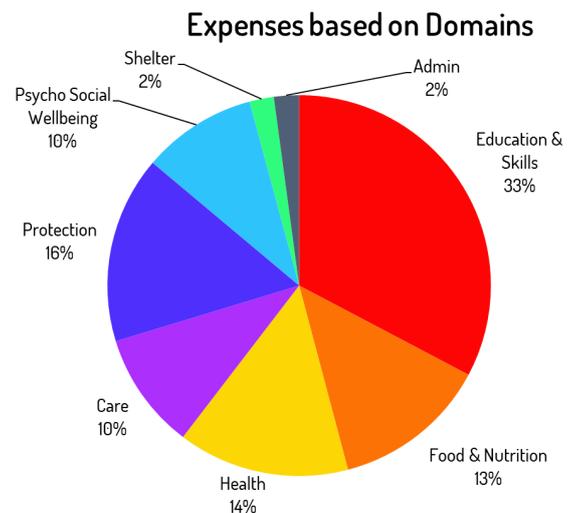
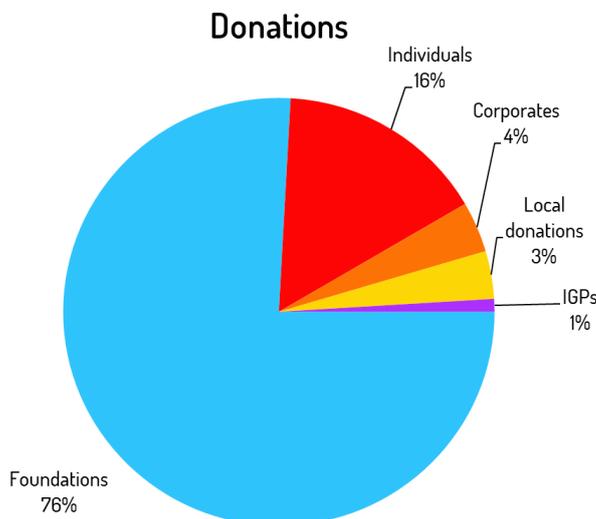
We are committed to aid Macheo in their remarkable work, empowering and protecting vulnerable children.



FINANCIAL REPORT

In Macheo, we recognized that children needs cannot be sufficiently addressed by one intervention. Thus we came up with interventions that address the holistic development of a child revolving around the seven domains of a child's well being. We therefore came up with the above interventions, while also aiming to create more impact and improve quality of our services.

Spending in interventions was dependent on need and incomes in the period. During the period, the government issued sanitary pads to primary school girls which saw a big reduction in spending in the Empower youth on reproductive health intervention by 43%. Income generating activities reduced as we moved to lower risk activities such as renting. In residential care, a new unit to house infants and babies was introduced which increased the total expenses by 25%.



	FY 2017	FY 2016
Revenue		
Total Donations	87,171,313	78,296,948
Income Generating projects	850,122	1,278,484
Total Incomes	88,021,435	79,575,432
Costs		
Provide temporary residential care	27,334,641	21,828,476
Facilitate emergency family support	89,327	-
Facilitate direct individual school support	5,481,371	3,817,629
Facilitate age appropriate school access	821,982	463,519
Health intervention	1,946,199	1,095,838
Household economic strengthening	2,352,569	6,231,711
Facilitate malnourishment interventions	2,392,313	2,088,650
Mother to child in healthcare	1,244,649	1,030,582
Child protection	1,602,493	-
Psycho social support	2,733,326	1,652,340
Facilitate inclusive education for children with disabilities	3,177,900	-
Assist teenage mothers	1,997,840	2,013,952
Improve physical living conditions	152,357	-
Provide school feeding	24,221,026	27,372,274
Improve school facilities	1,324,638	2,417,727
Provide deworming	334,725	406,316
Promote leisure, sports & games in schools	1,355,518	1,000,714
Empower youth on reproductive health	1,826,421	3,200,183
Area social work cost	2,912,985	3,547,007
Projects	4,355,874	2,539,545
Administration	1,838,959	1,438,707
Income generation projects	316,687	934,849
Total cost	89,813,800	83,080,019
Surplus/(deficit)	(1,792,365)	(3,504,587)

Statement of Financial Position

	FY 2017	FY 2016
Equity and liabilities		
Accumulated Funds	33.968.468	39.443.599
Restricted Funds	7.725.837	12.213.776
	41.694.305	51.657.375
Represented by		
Non Current Assets		
Property plant & Equipment	35.476.171	38.711.210
Biological Assets	267.000	350.000
	35.743.171	39.061.210
Current Assets		
Account Receivables	1.497.412	316.465
Cash at bank and in Hand	6.170.737	13.105.042
	7.668.149	13.421.507
Current Liabilities		
Accounts Payables	(1.717.016)	(825.342)
	41.694.304	51.657.375

ACKNOWLEDGEMENT TO OUR PARTNERS

Macheo is grateful to our generous and committed partners, who make our work possible. We proudly acknowledge their trust and support. We also thank the individuals who make contributions to Macheo. These gifts and partnership has enabled us to reach further, to deliver new solutions in child development and create a more powerful service delivery. Your investment helps us achieve maximum impact for these children.

Looking in the future

The Macheo Children's Centre believes that every child deserves a bright future, and to reach their full potential. We will be working every day to ensure children have a healthy start in life, have opportunities to learn and are protected from harm. Macheo will ensure that children's unique needs are being met and their voices are being heard to transform their lives and the future we share.

How you can help

www.macheo.org/support

Your donation and support to Macheo Children's Centre will prepare children to break out of the cycles of vulnerability and build a better future for their communities and their families.

Leadership

The Board

Richard Okello Chairman

Joshua Oyieko Secretary

Simon Karanja Treasurer

Senior management

Marnix Huis in 't Veld Director

Julia Karwitha Finance co-ordinator

Faith Wanjiku Primary and Secondary Schools Manager

Joan Wambui Children's Home Manager

Florence Kaberi Family Empowerment Program and Health Program Manager

Annastacia Mwendwa Human Resources Manager

Contact US

Macheo Children's Centre

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BIC/Swift : SCBLKENX

01.020.984.36.001 Standard Chartered Bank
(Thika Branch) (KES)

93.020.984.36.001 Standard Chartered Bank
(Thika Branch) (EUR0)

87.020.984.36.001 Standard Chartered Bank
(Thika Branch) (USD)

Paybill number: 689270

Account no.: name or purpose of payment

Stichting Macheo Nederland

Simon van Capelweg 8b
2431 AG Noorden, Netherlands

KVK number: 24365470

RSIN/ fiscal number: 8135.77.834 (ANBI-status)

e-mail: info@macheo.nl

www.macheo.org/nl

Bank accounts, both on name of Stichting Macheo Nederland:

General donations:
(IBAN) NL80 ABNA 0413 2325 06

Child sponsoring:
(IBAN) NL09 ABNA 0407 3133 89

(0% overheads in NL, 100% of the donations is spend in Kenya)