

Annual Report 2019

Macheo Children's Organization



Our mission

is to empower and protect vulnerable children and their communities so that they can lead a bright future.

Our Vision

is a society where children live happily in a safe, caring and stimulating environment.

Our Purpose

is to release restrained potential in children.

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Stichting Macheo Nederland

A word of welcome and gratitude

Big dreams and ambitions also have to make a practical change on the ground, in the life of a vulnerable child. In 2019 Macheo was able to make this change over 50,000 times.

Sometimes small, sometimes life changing or even life saving.

The dreams and big ambitions have been our inspiration since we started on this remarkable journey in 2005, but they can only be realized because of the incredible support of volunteers, colleagues, parents, teachers, funding partners, Government officials and the children themselves!

I thank you all for walking this journey together!

Marnix Huis in 't Veld



THE BIG PICTURE

WHY do we help? HOW and WHO do we help? WHAT do we do to help?

Also in 2019 Macheo continued on the path of further professionalization so that more children could benefit from the resources entrusted to us in their names.

Macheo's purpose is to release restrained potential in children. The fact that this potential is restrained is always through circumstances outside their control or doing. This is deeply unfair and we dream of a world where this unfairness will no longer exist. The motivation that stems from this is our big **why** we do the work we do.

We do this through a continued focus on our needs assessment, our service delivery and our evaluation methods.

In choosing **who** to help Macheo is still guided by our own Theoretical Framework which gives us the argumentation to mostly focus on children in their first 1,000 days and on adolescent girls. Our geographical focus remained unchanged and we still limit ourselves to the geographical areas around Ruiru, Juja, Kiandutu, Umoja, Iembeni and Matunda. All these areas are around Thika town, northeast of Nairobi in Central Kenya.

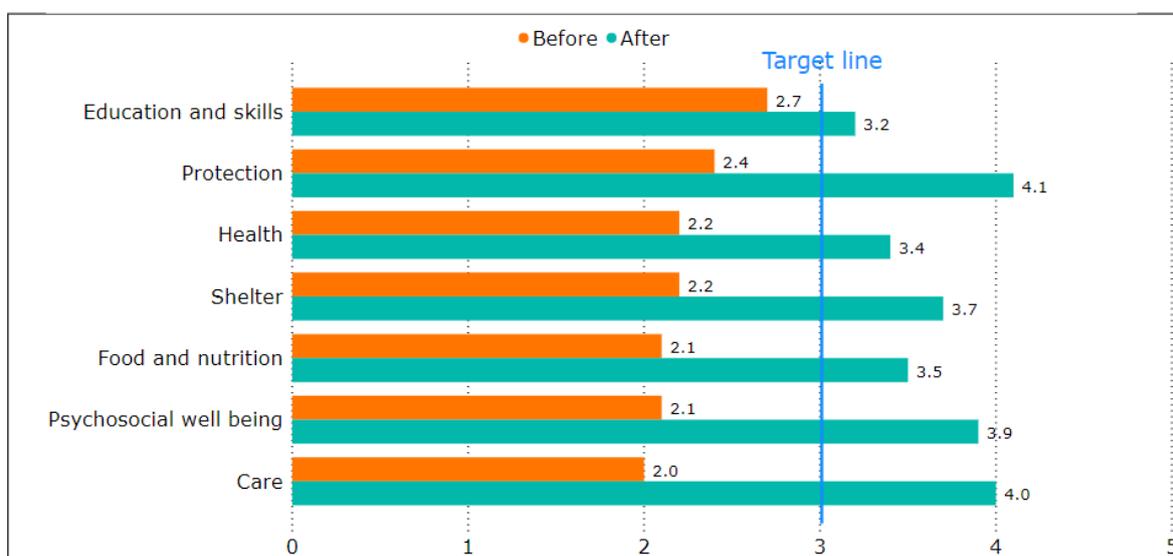
Macheo also invested a lot into improving the needs assessment and referrals. New ideas were implemented and new training methodologies invented. All these efforts led to higher quality of this most important process in Macheo. This is the starting point of all the work later on, so it's absolutely critical to do this as good as we can.

The complexities of the dynamics in society and within the families is overwhelming. Children develop multi-dimensional and therefore also Macheo chooses a multi-dimensional approach to apply the best tailor made pallet of interventions suitable and effective for each child and/or family. It is in this process that we decide not only **who** to help, but also **how**.

Also in 2019 great progress was made to work more towards co-creation and mobilizing communities and family members of beneficiaries to also play their part. New areas of cooperation were found with the Kenyan government, especially in the fields of health care and protection. These are all highly encouraging developments. This has a positive influence on **what** Macheo does to help. The service delivery in all different interventions has been improving in terms of impact and cost-effectiveness. We are also happy to say that in 2019 Macheo has become more and more successful in our local fundraising and received a lot more support from the communities and companies around us.

In 2019 we have made a big step to start using our own Monitoring & Evaluation app which we developed in-house. This gives us more insight in our impact and will give us more flexibility to quickly implement required changes by our staff in the field.

In the graph below the result is shown of all the children that were helped through the full Macheo process. The orange bar shows the wellbeing status of the children in each of the 7 Child Status Domains, and the green bar show the level of well-being on exit.



In this annual report we did not want to go into too much detail, but if you would like to know more about the impact of a specific intervention or about Macheo's methodology, then please send an e-mail to info@macheo.org

OUR IMPACT IN KENYA

Doing good work better



5533
School lunch
Children received a meal on 170 schooldays



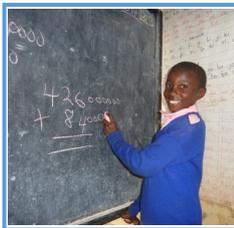
60
Alternative family
60 times a new caring family was found



219
Rescue
Children rescued from abuse or neglect



300
Health
Children/caregivers who got healthcare



127
School fees
Children that went to school



93
Reintegrated
Reintegrated children supported



4896
Children
Took part in lifeskills teaching sports & games



19544
Deworming
Children in school dewormed



12
Babies
Abandoned babies helped in babyhouse



105
Children's Home
Children received temporary care, 64 were reintegrated



8726
Porridge
Children received breakfast on schooldays



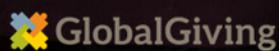
722
counselling
Children received individual counselling

OUR IMPACT IN KENYA

Doing good work better



200
Teenage mums
Were assisted by
Macheo in 2019



OUR IMPACT IN KENYA

Doing good work better

191
Families
Received emergency support

387
School uniforms
Were given to enable school access

602
School Desks
Were given to enable school access

49
Children
Benefitted from our Kickstart Class

304
Families
Were economically empowered

181
Malnourished Children
Were assisted

1366
Caregivers
Attended child rights seminars

8038
Children
Attended group counselling



225
Families
Had their physical living environment improved

67
Parents
Received parenting guidance

113
Mothers
Received mother to child healthcare

93
Children
Received therapy for disability



THE MACHEO METHOD

Cooperation, never competition

Macheo was started in 2005 with only one purpose: **CREATING A FAIRER FUTURE FOR KENYAN CHILDREN**

Reason for this is that we find it unacceptable that simple (bad) luck of where you are born determines the rest of your life and your future chances so much. We call this "the lottery of life".

While working towards creating a fairer future for Kenyan children we never compromise on the following guiding principles:

- * Macheo works for vulnerable children in Kenya;
- * This vulnerability is highly complex, and therefore we do not believe in "one solution fits all" approaches, but we believe in tailor made solutions;
- * Every child has a right to a safe, loving, caring and stimulating family;
- * Wherever possible we cooperate with the local Government, we will not duplicate or compete;

Empathy is a crucial part of working with vulnerable children and their caregivers. However, we also recognize that empathy and commitment to the cause can negatively influence objectivity.

To create more objectivity, more efficiency (so that we can help more) and quality for the children we serve, we decided to separate the stages in our process into three phases: diagnosis - service delivery - evaluation.

The diagnosis

The diagnosis is done by Macheo's Area Social Workers. For this they use the Child Status Index tool. This is a verified tool that looks at children's wellbeing holistically. This tool covers: care, protection, health, food & nutrition, education & skills, psychosocial wellbeing and shelter. Based on the needs identified through this tool the Area Social Workers will make referrals to usually multiple services that are deemed necessary for the children.

The service delivery

An Area Social Worker can refer internally or externally. An internal referral is a referral to one of Macheo's colleagues to provide the services. We only provide ourselves if there is no other accessible, effective and/or affordable other service provider.

The evaluation

After all services have been given the Area Social Worker evaluates whether the services have created the desired impact. To determine this the Child Status Index tool is used again. The difference is the progress in the child's wellbeing.



JEDIDA'S STORY

One example of the change Macheo's staff makes

Losing a loved one is always difficult, but saying goodbye to your mother and a sibling when you're still a child is devastating. Jedida (not real name) now really regrets not talking about the loss of her mother and elder sister, Juliana, who both died when she was 12.

Jedida is now a 13 years old girl living with her father and four other siblings in the Kiandutu informal settlement area. "My mum and Juliana both became ill and died after a few months. It was a double tragedy and it devastated me, but I didn't like to show my emotions, so I never really discussed it with anyone," says Jedida. "It was only much later that I discovered how badly it affected my emotions and ability to hold my vengeance for what I was going through," she adds. According to her, this was the moment in her life that she developed suicidal thoughts. She couldn't understand what she could do to put herself back on the same wavelength as the rest of the world, because she felt out of phase and fading away, powerless and lost. Soon Jedida's sadness morphed into anger.

She was furious over losing the woman who encouraged her interest in reading and a sister who comforted her when things got tough.

When her headmaster told Macheo's staff about Jedida, she couldn't focus on her studies or hold her anger. She was slamming the doors, yelling at other students and teachers while in school. The teachers often punished her as they did not understand why she had changed all of a sudden. Through counseling sessions, Samuel, Macheo's counselor, noted that on the outside, Jedida seemed together but, deep down, she was angry and heartsick. The behavior she exhibited was a result of the pain and grief she had undergone after losing her mother and sister. Samuel constantly encouraged Jedida to show her feelings, share her story with close friends and not to isolate herself. He also encouraged Jedida to deal with her emotions through prayers. It took a few sessions, but Jedida was able to learn to cope with the pain in the best way possible.

"I cried. I regretted that my mum didn't see me grow up and she would never know my successes. But then I prayed. I prayed and spoke to my mother and sister. For the first time, I couldn't talk to them in person, but I felt like I was talking to both of them in spirit. I was recalling so many memories of my mother and sister, very full of life and the challenges my mother faced and overcame. My mother was funny and kind, and I have so many fond memories of her. Her courage and resilience during those years she lived was amazing," says Jedida. "I'm extremely grateful to Samuel and Macheo, without which I would have suffered more meltdowns with potentially greater consequences. The support they provided allowed me to accept it, move on and stay focused on my end goals."

If it were not for Macheo, Jedida might have undergone prolonged emotional, and traumatic experience that could eventually result to self-harm or suicide as a way to cope with the pain she was feeling. She could have dropped out of school and possibly escape into marriage with the risk of becoming pregnant at an early age.



Picture is illustration, not Jedida

OUR FINANCES

Audited accounts of Macheo Children's Organization in Kenya

Statement of comprehensive income	2019 (KShs)	2018 (KShs)
Revenue	87,893,984	96,696,563
Total revenue	87,893,984	96,696,563
Program expenses	86,291,515	93,986,298
Administrative expenses	993,193	1,144,215
Supporting expenses	163,911	85,852
Other operating expenses	1,468,582	1,658,270
Total expenditure	88,917,201	96,874,634
Surplus (deficit) for the year	(1,023,217)	(178,071)

2019 has been a year with financial challenges for Macheo. This was caused by a drop in incomes. We have learned valuable lessons from 2019 and have further professionalized our income and expenses forecasting, as well as putting much more emphasis on our fundraising.

By moment of publishing this annual report of 2019, we can proudly say that these efforts are paying off and that Macheo is financially stable and healthy.

A full audited accounts are available on request through finance@macheo.org in the full documents also the expenses per intervention can be seen. We choose to be selective here and just give a general overview to enhance readability of this document.

The accounts of Macheo Children Organization in 2019 were independently audited by:

Mbiyu Muhia and Associates
 Certified Public Accountants—CPA (K)
 P.O. Box 3975-01002
 Madaraka, Thika
mbiyumuhiaassociates@yahoo.com

The audited accounts were presented to the Board and filed with Kenya's NGO Coordination Board as required.

Statement of financial position	2019 (KShs)	2018 (KShs)
Non-current assets:		
Property, plant and equipment	32,634,506	33,964,424
Biological assets	-	267,000
Current assets:		
Trade and other receivables	386,757	2,038,895
Cash and cash equivalents	11,686,421	6,344,484
TOTAL ASSETS	44,707,684	42,596,804
Current liabilities:		
Trade and other payables	1,540,212	1,654,802
Funds:		
Property & equipment / Capital fund	32,634,506	33,946,424
Accumulated / general fund	169,475	(156,026)
Restricted funds	10,363,491	7,151,604
Total Funds & Liabilities	44,707,684	42,596,804



LEADERSHIP & CONTACT DETAILS

Macheo Children's Organization NGO (Kenya)

Board Macheo Children's Organization NGO:

- ⇒ Josphat Ngaira Musumba (chairman)
- ⇒ Jennifer Wanjiru (treasurer)
- ⇒ Michiel Hoogerwerf (member)
- ⇒ vacancy

Management Team Macheo Children's Organization NGO:

- ⇒ Marnix Huis in 't Veld (director, fundraiser)
- ⇒ Julia Karwitha (manager needs identification and evaluation)
- ⇒ Anastacia Kimemia (finance coordinator)
- ⇒ Joan Mburu (manager children's home, family reintegration, counselling, protection)
- ⇒ Seth Mwangi (manager service delivery)
- ⇒ Annastacia Mwenzwa (administration manager)

Address Macheo Children's Organization

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 E-mail: info@macheo.org
 Website: www.macheo.ngo

Bank details

Bank: Standard Chartered Bank (Thika branch)
 BIC/SWIFT: SCBLKENX
 KES account: 01.020.984.36.001
 EURO account: 93.020.984.36.001
 USD account: 87.020.984.36.001
 Mpesa Paybill number: 689270
 Account no Paybill: name or purpose of payment

